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Successful healing treatment of sick sports horses using Yoga Prana Vidya healing protocols as complementary medicine: A multiple case study

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Abstract

Introduction: Yoga Prana Vidya (YPV) System of energy healing is established as a complementary and alternative medicine (CAM) in the successful healing of humans and animals. More than 100 research papers have been published on the successful applications of YPV in healing various diseases. This paper presents a case series report of successful healing of 6 sport horses by a team of two YPV certified healers.

Methods: Case study method is used in this study by data collected from the YPV healers and feedback obtained from the owners of the horses healed.

Results: In all the cases, they were under treatment of veterinarians. In two cases, the vet gave up. In one case, they said that the horse would not survive until morning, and in another case, the vet said that there were only 10% chances of survival. The other two horses were severely sick. All horses responded well to YPV healing and recovered quickly and fully.

Conclusions: YPV Healing is a very effective complementary therapy and is beneficial in any situation, however in all cases it is strongly advised to seek veterinary advice if the animal is unwell in any way. Further research is recommended using an appropriate methodology and sample.

Keywords: YPV Healing, appropriate methodology, multiple case study, healing treatment, sick sports horses

Introduction

Animals such as horses are particularly receptive to energy healing as they are generally very open and accepting, without the conditioned concerns that humans often experience [1]. Research has shown that “horses are sentient beings...reflecting various emotional states when stressed or happy” as stated by Ellen Kaye Gehrke. They also act as mirrors for us, helping to reveal stresses and discomforts in our lives [2].

YPV Energy Healing involves the transfer of natural energy, relaxes and re-energises, stimulates self-healing ability, is non-invasive. There is no physical manipulation or massage or touch involved.

It can be used to support many issues including: the immune system, cell repair, detoxification, enzyme function, oxygen uptake, absorption of nutrients, wound repair, pain relief, balancing, release of endorphins, a sense of wellbeing and calm.

Horses are a little different from most of the other animals that share our lives, for several reasons, regards their size. Most horses are much bigger than the average ‘pet’. Their nature as a herd animal, and the nature of our interaction with them, particularly riding makes them distinctly different from other animals.

Yoga Prana Vidya System

Yoga Prana Vidya is a holistic system of energy healing. The practitioners connect with healing energy in the universe and channel it through their hands. Once limited to primarily healing people, it now also benefits companion animals around the globe.

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A growing number of animal rescues are taking advantage of its healing benefits.

Energy flows through the body of a horse in good health much like an electric current. However, several factors can interfere with this flow. Among them are physical injuries, trauma, dietary changes, emotional problems, training issues, or a combination of these problems. Any blockage of energy can result in physical, psychological, or behavioural problems.

An individual providing YPV energy healing restores positive energy flow into the animal's body, correcting imbalance through cleansing. Horses are particularly sensitive and quickly pick up on the healing a practitioner offers. Typically, the animal will approach and quickly become a willing participant.

There is scanty literature on energy healing of horses. Literature shows two case studies of successful healing of canine pets by YPV certified healers [3, 4].

More than 100 published scientific papers demonstrate that Yoga Prana Vidya (YPV) healing techniques have been used to successfully treat a wide range of medical conditions, including some complex cases [5], diabetes management and control [6], the removal of heart artery blockages without surgery [7], enhancement of vision in eye camp attendees [8],

enhancement of general health and immunity in YPV program participants [9], the function of Yoga Prana Vidya in emergency care and first aid [10], enhancement of health and immunity in the elderly [11], quick recovery of COVID-19 patients [12], management of hypothyroidism [13], alleviation of academic anxiety and enhancement of high school students' academic performance [14], life-saving treatment of a woman bitten by a snake [15], improvement of cognitive abilities and social behaviour in children with intellectual disabilities [16].

This paper presents the report of successful healing of 6 sick horses based in South Africa using YPV healing protocols in distance mode by two certified YPV healers based in India.

Case report

The sick horses

During the years 2023 and 2024, a team of two Certified YPV healers in India received requests from the owners of 6 sick sport horses based in South Africa, as the owners felt that the horses were so sick that the veterinary treatment alone did not help recovery, and they desired to try a complementary/alternative treatment that can help. The team of YPV healers undertook the task and the details of the 6 horses are presented in Table 1.

Table 1: Case details of the 6 horses requested to be healed

S. No.	Name	Breed	Age	Complaint	Veterinary treatment given
1	"Chev Winning Way"	Warmblood	Male 22 years	Impaction colic, distortion, nephrosplenic entrapment	Vet wanted to conduct surgery, but owner declined due to the horse's age. Kept under fluid treatment. Less chances of survival
2	"Zorro van Doorndraai"	Fresian	Male 16 years	Unexplained mass on left side of large intestine, caused two impactions,	Admitted to Vet hospital. Could not confirm the cause of the mass. Treated with impaction colic with fluids.
3	"Travel forever AKA Travis"	Thoroughbred	Male 25 years	Strange clinic signs including lethargy, diarrhoea and colic.	Admitted to Vet Hospital. Diagnosed with sternal herniation. Due to age, surgery ruled out. Treated with fluids and lignocaine via drip. Colic resolved, discharged still not better. Eosophageal biopsy results showed Staphylococcus aureus. Admitted for antibiotic treatment and discharged after 10 days.
4	"Ambeck Donatella"	Oldenburg Warmblood	Female 8 years	Lethargy, diarrhoea and temperature.	Antibiotic treatment for 10 days.
5	"Feniks I'm on fire"	Warmblood	Male 4 years	Bad colic, caused by biliary	He was very critical due to not having a poo for 2 days and toxins building up. Fighting the biliary parasite in his blood
6	"Gondor Wizz a way"	Warmblood	Male 13 years	African Horse sickness, with high mortality rate. Had only 10% chances of survival.	Was very sick, eyes were swollen shut from the virus

The details of the YPV healing sessions and the results in each case are presented in Table 2.

Table 2: Details of YPV healing Sessions and Results

S. No.	Horse name	Complementary YPV Healing protocols	Healing sessions	Results
1	"Chev Winning Way"	Thorough cleansing of digestive System, heart and lungs. Once cleansing is done, gave energy to entire muscular and Skeletal System.	10 days of Healing from 08-08-2023 to 18-08-2023. Daily 2 sessions each of 20 minutes duration	Fully recovered and discharged from Vet hospital after 10 days
2	"Zorro van Doorndraai"	Thorough cleansing of digestive System, heart and lungs including the mass on the left side of the large intestine. Once cleansing is done, gave energy to entire muscular and Skeletal System.	One Healing session on 29-09-2023 and 2 sessions on 30-09-2023. Total 3 sessions each of 20 minutes duration.	Recovered and Discharged from hospital after 2 days.
3	"Travel forever" AKA "Travis"	Thorough cleansing of digestive System, heart, lungs, and diaphragm as affected area. Once cleansing is done, gave energy to entire muscular and Skeletal System.	6 days of Healing from 30-09--2023 to 05-10--2023. Daily 2 sessions each of 20 minutes duration.	The horse was observed to be normal in the next 3 days at home. Completely recovered from Colic. After 3 days contracted biliary was also resolved.
4	"Ambeck Donatella"	Thorough cleansing of the digestive System, heart, and lungs(Special focused cleaning). After cleansing, energy is given to the entire muscular and Skeletal System.	Two days of healing from 06-10-2023 to 07-10-2023, one session of 20 minutes each day.	Immediately started improving and after 2 days made full recovery.
5	"Feniks I'm on fire"	Thorough cleansing of digestive System, heart and lungs. Once cleansing is done, gave energy to entire muscular and Skeletal System.	Four days of healing from 24-10-2024 to 27-10-2024, 2 sessions per day, total 7 sessions.	Fully recovered.
6	"Gondor Wizz a way"	Focused more on thorough organ cleansing including but not limited to Heart, Lungs, Brain, Eyes and entire digestive apparatus. Once cleansing is done, gave energy to entire muscular and Skeletal System.	Six days of healing from 22-04-2023 to 27-04-2023, daily 3 sessions, total 16 sessions.	Miraculously recovered. Competing in Dressage again.

Feedback from owners

The owners felt extremely happy upon quick and complete recovery of these horses. The feedback obtained by the healers in respect of these horses is given below.

Case (1) Chevignon Winning Way, 22-year-old, South African Warmblood

The Horse was diagnosed with impaction colic and subsequently admitted to a veterinary hospital for treatment. Upon admission, he was further diagnosed with Impaction, distortion and nephrosplenic entrapment. The veterinarians wanted to perform surgery, to which the owner declined due to the horse's age. He had a very bad prognosis with very little chance of survival. They began aggressive fluid treatment with lignocaine and fluids administered via drip. The YPV healers worked on him twice a day for a period of 10 days and he pulled through. He was discharged 10 days later and brought home. Post hospital and YPV Healing treatments, he has been ok and has not suffered another colic episode.

Case (2) Zorro van Doordraai, 16-year-old, Fresian

The Horse was diagnosed with an unexplained mass on the left side of the large intestine, which had subsequently caused 2 impactions. He was admitted to a Veterinary hospital. After several veterinary medicine specialists had attended to him, no one could confirm what the mass was or caused by. He was therefore treated for impaction colic with fluids. The YPV Healers did 2 days of sessions and the horse was discharged from hospital 2 days after admission. He suffered another colic episode 3 weeks after being discharged, which we were able to resolve at home. We have managed to control the inflammation of the tumour by feeding multiple smaller meals throughout the day and allowing the horse to live out.

Case (3) Travel Forever AKA Travis, 25-year-old, Thoroughbred

The Horse presented with 'strange' clinic signs including lethargy, diarrhoea and colic. He was admitted to the Veterinary Hospital and was diagnosed with a sternal herniation of the small intestine, of which, the only remedy was surgery. Due to his age, it was decided that surgery was not an option and he was treated aggressively with fluids and lignocaine administered via drip. The colic resolved 4 or so days later, however the horse was still not better. An oesophageal biopsy was performed and cultured. The results showed Staphylococcus aureus. The horse went on a course of PURBAC antibiotics and was discharged 10 days after admission. The YPV healers did 10 sessions of treatment on this horse. 3 Days after being at home, the horse contracted biliary and was treated successfully by the attending Veterinarian.

Case (4) Ambeck Donatella, Female 8-year-old, Oldenburg Warmblood

The Horse presented with lethargy, diarrhoea and a temperature. Due to Travis (case 3 stated above) being diagnosed with Pneumonia, they started treatment of PURBAC antibiotics for 10 days. The YPV healer did 2 treatment sessions on her. She immediately started improving after 2 days and made a full recovery. She has since been fine in terms of pneumonia.

Case (5) Feniks I 'm on fire, male 4 years, Warmblood

On 25th October 2024, the owner contacted the YPV healer to assist with healing on this horse as he was showing signs of

very bad colic, that was caused by biliary he had. The YPV healer did the healing on this horse for two days, and got him through, as he was very critical due to not having a poo for 2 days and toxins building up, and fighting the biliary parasite in his blood.

The owners appreciated the Healers and felt grateful so much for immediately starting healing on their horse after their call and that is how it saved his life.

Case (6) Gondor Wizz a way, male 13 years, Warmblood

Last year (April 2023), Wizz was diagnosed with AHS (African Horse Sickness) which has a very high mortality rate. The owner called the YPV Healers on day 2 of Wizz being so sick and his eyes were swollen shut from the virus. After the healer started working on him, there was huge improvement from Wizz every single day. The healers worked on Wizz for about 6 days, till he was out of the woods. It was a miracle that he survived the AHS and so blessed that the healer was able to help. Wizz has made a complete recovery and is competing in Dressage again. "Once again thank you so much".

Discussion

In all these 6 cases, YPV healing was applied as complementary therapy as they were under the veterinary doctors' treatment. In two cases, the Veterinary doctor has given up. In one case they said that the horse would not survive till the next morning and in another case, the Veterinary doctor said that there was only a 10% chance of survival. The sickness was severe in the case of the other two horses. These are the cases that healed successfully and were documented. The literature search has not revealed any other published papers like these cases, and we cannot compare the results. However, the literature search revealed two cases of canine pets healed successfully ^[3, 4] using YPV Healing protocols.

YPV Healing is extremely useful for treating animals in conjunction with traditional veterinary care. It helps horses recover faster, saving owners anxiety and cost. Veterinarians trained in this type of healing can use it to treat sickness, travel stress, digestive problems, and new mother mares.

Conclusion

This case series report has revealed evidence of successful YPV healing as complementary therapy with Veterinary treatments thus saving the lives of these equestrian animals. Further research is recommended with an appropriate sample and methodology.

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Conflicts of interest

There are no conflicts of interest.

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